

# Worship and Praise

## 7 Hebrew words for Praise

1. Towdah- an extension of the hand in adoration, with palms cupped inward
  - a. Means to serve notice on your body that you are going to praise God
  - b. Psalm 50:23New King James Version (NKJV) <sup>23</sup> Whoever offers praise (towdah) glorifies Me; And to him who orders *his* conduct *aright* I will show the salvation of God.
2. Yadah- throwing out of the hand in strength with palms turned outward
  - a. In the OT people coming into covenant with one another would cut their wrists and put them together
  - b. Present our wrist to our covenant partner God
  - c. Psalm 7:17New King James Version (NKJV) 17 I will praise (yadah) the Lord according to His righteousness, And will sing praise to the name of the Lord Most High.
3. Halal to boast, to celebrate, to be clamorously foolish, to go nuts for God
  - a. Root for Hallelujah, which is the Hebrew word for “praise the Lord”
  - b. Psalm 150:1New King James Version (NKJV) Praise (halal) the Lord! Praise (halal) God in His sanctuary; Praise (halal) Him in His mighty firmament!
4. Zamar- to be clamorously foolish on the stringed instrument
  - a. To touch the strings with Halal
  - b. Psalm 108:1-3New King James Version (NKJV) O God, my heart is steadfast; I will sing and give praise (zamar), even with my glory. 2 Awake, lute and harp! I will awaken the dawn. 3 I will praise (yadah) You, O Lord, among the peoples, And I will sing praises (zamar) to You among the nations.
5. Barak- to kneel expecting to receive
  - a. Psalm 72:15 New King James Version (NKJV) 15 And He shall live; And the gold of Sheba will be given to Him; Prayer also will be made for Him continually, And daily He shall be praised (barak).
6. Tehillah- to sing in the Spirit, a residual overflow of the heart
  - b. The only type of worship God promises to inhabit
  - c. Psalm 34:1New King James Version (NKJV) 34 I will bless (barak) the Lord at all times; His praise (tehillah) shall continually be in my mouth.
7. Shabach- address in a loud tone, to triumph
  - a. Psalm 145:4New King James Version (NKJV) 4 One generation shall praise (shabach) Your works to another, And shall declare Your mighty acts.

## 2 Word for Worship

- c. OT Hebrew word Shachah- to fall down in reverence, to beseech humbly, to bow down
  - o Psalm 22:27New King James Version (NKJV) 27 All the ends of the world Shall remember and turn to the Lord, And all the families of the nations Shall worship (shachah) before You.
- d. NT Greek Proskuneo (Pro-skew-n-a-o) like a dog licking his masters hand
  - o Matthew 28:8-9New King James Version (NKJV) 8 So they went out quickly from the tomb with fear and great joy, and ran to bring His disciples word. 9 And as they went to tell His disciples, behold, Jesus met them, saying, “Rejoice!” So they came and held Him by the feet and worshipped (proskuneo) Him.